

**SYCAMORE COURT  
DIARY OF SOCIAL ACTIVITIES FOR MAY 2018**

|                          |   |                             |
|--------------------------|---|-----------------------------|
| <b>Tuesday, 1 May</b>    | Yoga with Lina - Lounge<br>Rummikub - Hobbies Room  | 4.00pm<br>7.00pm            |
| <b>Wednesday, 2 May</b>  | <b>Film Matinée - Lounge</b><br><b>"The Notebook"</b><br>2004 Romantic drama starring<br>Ryan Gosling & Rachel McAdams      | 4.30pm                      |
| <b>Tuesday, 8 May</b>    | <b>Coffee Morning - Lounge</b><br>Yoga with Lina - Lounge<br>Rummikub - Hobbies Room  | 10.30am<br>4.00pm<br>7.00pm |
| <b>Monday, 14 May</b>    | Chair Exercises with Jacqui - Lounge<br>Holy Communion - Hobbies Room   | 11.15am<br>2.00pm           |
| <b>Tuesday, 15 May</b>   | Yoga with Lina - Lounge<br>Rummikub - Hobbies Room  | 4.00pm<br>7.00pm            |
| <b>Wednesday, 16 May</b> | <b>Film Matinée - Lounge</b><br><b>"Howards End"</b><br>1992 Drama starring<br>Anthony Hopkins & Emma Thompson              | 4.30pm                      |
| <b>Thursday, 17 May</b>  | <b>Beetle Drive - with glass of wine £3pp</b>   | 7.00pm                      |
| <b>Monday, 21 May</b>    | Chair Exercises with Jacqui - Lounge<br><b>Poetry Corner with Tea &amp; Cake - Lounge</b><br><b>Subject: "Birds" - £1pp</b> | 11.15am<br>2.30pm           |
| <b>Tuesday, 22 May</b>   | Yoga with Lina - Lounge<br>Rummikub - Hobbies Room  | 4.00pm<br>7.00pm            |
| <b>Wednesday, 23 May</b> | <b>Coffee Morning - Lounge</b>  | 10.30am                     |
| <b>Tuesday, 29 May</b>   | Yoga with Lina - Lounge<br>Rummikub - Hobbies Room  | 4.00pm<br>7.00pm            |
| <b>Wednesday, 30 May</b> | <b>Film Matinée - Lounge</b><br><b>"Dear John"</b><br>2010 Romantic drama starring<br>Channing Tatum & Amanda Seyfried      | 4.30pm                      |